



NEWSLETTER 16

21 January 2022

'Let us love one another, for love comes from God'
1 John 4:7

WIMBORNE
Academy Trust

Message from the Headteacher

Dear Parents/Carers,

We have been very lucky with the weather this week! The sun is shining, the sky is bright blue, mornings are cold and crisp, and children have enjoyed being able to get outside and run around at play times. Please may I remind you to send your child into school with a coat, as they will need to wear these at play time.

As we are at the start of a new term, children are enjoying their new learning experiences and topics. Last Friday, we shared with you an overview to enable you to see what is being taught in each year group. These overviews are available on our website [here](#) and can be viewed by selecting the appropriate class.

Following the Government's announcement that 'Plan B' measures are easing, it will no longer be a requirement for staff to wear face masks in communal areas, as from Thursday 27 January. We are told that further guidance will be shared with us in the coming weeks and we are hopeful to lift some of our restrictions, such as resuming whole school collective worship, before half term.

Let's hope the wonderful weather remains for the weekend and you are able to go out and enjoy some winter walks.

Have a lovely weekend,

Miss A Dufek
Headteacher

Wellbeing

Self-care

The Anna Freud Centre for Children and Families is a brilliant organisation supporting children's and families mental health and wellbeing. They have some great information on self-care for parents and carers. Finding time for yourself can be a challenge as you juggle family, relationships, home and work life. It can be easy to forget to look after your own wellbeing needs, as well as those of your children, which can lead to feelings of stress or being overwhelmed.



Ask for help

Asking for help from others can sometimes feel as if we're failing as a parent or carer but parenting can be tough and reaching out for support is ok. Whether it's minding your child for a short time to allow you to get things done or running a small errand for you, friends and family will often be happy to help and children and young people can also benefit from knowing there are other trusted adults in their life that your family can turn to.

Take a look at their website for more ideas:

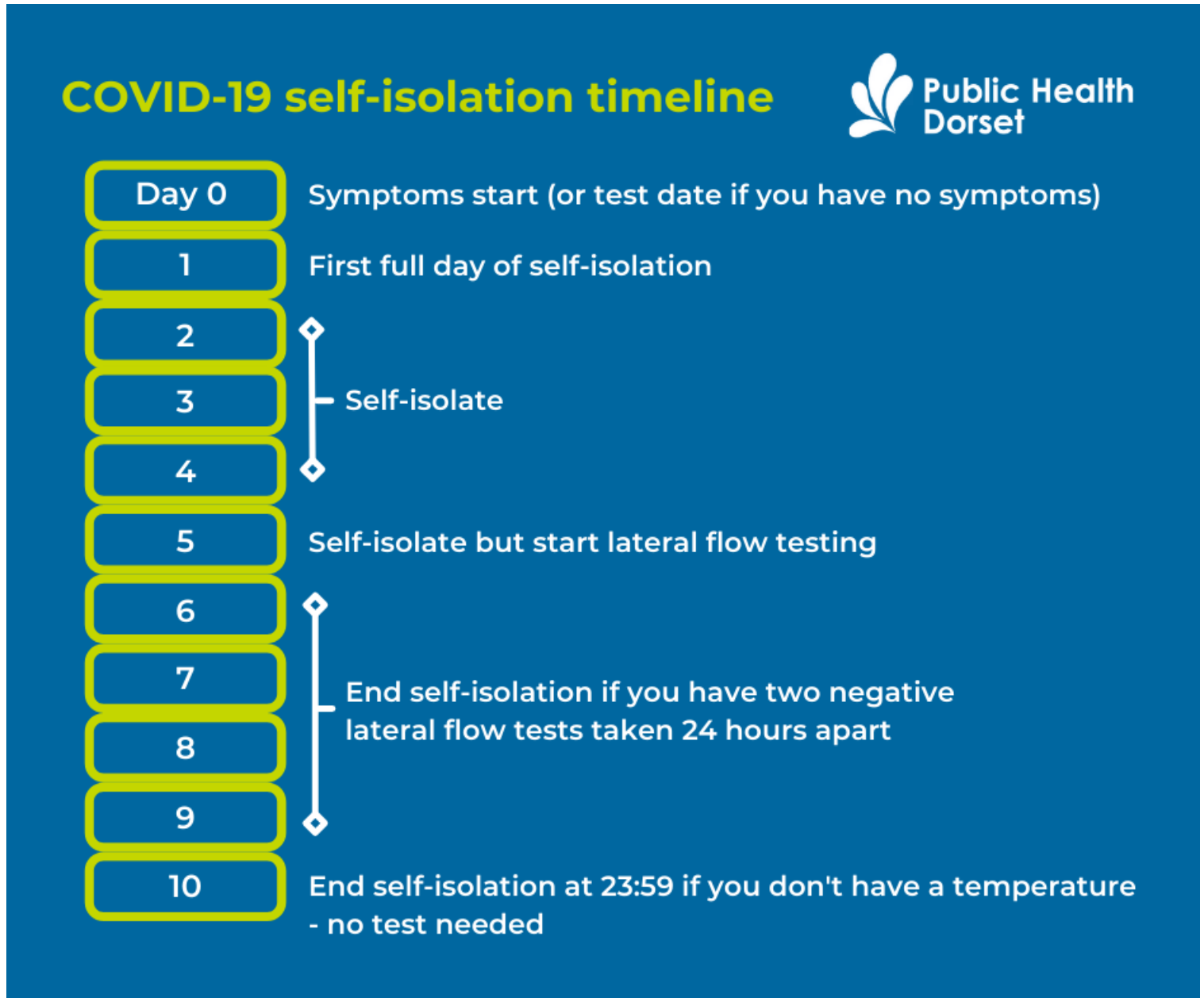
<https://www.annafreud.org/parents-and-carers/self-care-for-parents-and-carers/>

Self-isolating with COVID-19?

You can now stop isolating after 5 full days, if you have two negative lateral flow tests taken 24 hours apart.

If your tests are positive, keep self-isolating for 10 full days. You can stop isolating after 10 days without a test as long as you don't have a temperature.

Check the [guidance](#) if you aren't sure what to do.



Half Term Value

Throughout this half term we will be reading and listening to Bible stories that illustrate **community**.

'Live in harmony with one another.' - Romans 12.16



Safeguarding and Online Safety

If you have any serious concerns about a child, particularly if you think they may be suffering or at risk of suffering harm, please share this information promptly with the Designated Safeguarding Lead Team. If you have a concern about a child outside of school hours please contact the following Local Authority out of hours services:

Dorset ChAD - 01305 228866

Bournemouth, Christchurch and Poole (BCP) - 01202 738256

We are an Operation Encompass school. To find out more, please follow the link [here](#)



Dates for your diary

January

Monday 17th January - Forest School starts for Reception class

February

Thursday 3rd February - Life Education visit

Friday 4th February - Life Education visit

Friday 18th February - Last Day

Monday 21st - Friday 25th February - Half term

March

Monday 14th March - Parent Consultation meetings

Wednesday 16th March - Parent Consultation meetings

