

WEEK 1 MENU

W/C: 17-Apr 08-May 29-May 19-Jun 10-Jul
31-Jul 21-Aug 11-Sep 02-Oct



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

Cheese and Tomato Pizza

Sausages and Mash
Pork Sausages with Mashed Potatoes and Gravy

Roast Turkey
Served with Mashed Potatoes and Gravy

Beef Bolognese
Served with Fusilli Pasta

Fish Fingers
Served with Herby Diced Potatoes and Ketchup

Vegetarian Dish

Chickpea & Vegetable Tikka Masala
Served with Wholegrain Rice

Macaroni Cheese

Cheese & Vegetable Bake
Creamy Vegetable Bake served with Mashed Potatoes

Vegetarian Meatless Balls
Served with Tomato Sauce and Wholegrain Rice

Plain Omelette
Served with Herby Diced Potatoes and Ketchup

Alternative Dish

Jacket Potato with Cheese

Jacket Potato
with Vegetarian Bolognese

Jacket Potato
with Salmon Mayonnaise

Jacket Potato
with Baked Beans

Jacket Potato
with Cheese

Vegetables

Peas and Sweetcorn

Baby Carrots

Mixed Vegetables

Sweetcorn

Baked Beans

Dessert

Yoghurt

Chocolate & Banana Swirl Cake

Jammy Jack Flapjack

Pineapple Upside-Down Cake

Half Dipped Chocolate Shortbread

Apr 2023 – Oct 2023

Bread, Fruit & Yoghurt available every day.

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

WEEK 2 MENU

W/C: 24-Apr 15-May 05-Jun 26-Jun 17-Jul
07-Aug 28-Aug 18-Sep 09-Oct



Apr 2023 – Oct 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Dish	Cheese and Tomato Pizza	Chinese Chicken and Egg Rice	Roast Gammon Served with Mashed Potatoes and Gravy	Beef Burger in a Bun Served with Herby Diced Potatoes	Fish Fingers Served with Mashed Potatoes and Ketchup
Vegetarian Dish	Cauliflower Macaroni Cheese	Cheese and Tomato Pasta	Quorn Sausages Served with Mashed Potatoes and Gravy	Vegetarian Bolognese Served with Fusilli Pasta	Vegetarian Burger Served in a Bun with Mashed Potatoes and Ketchup
Alternative Dish	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans	Jacket Potato with Vegetarian Bolognese
Vegetables	Sweetcorn and Carrots	Garden Peas	Mixed Vegetables	Baby Carrots	Garden Peas
Dessert	Chocolate and Banana Swirl Cake	Yoghurt	Apricot Shortbread	Jammy Jack Flapjack	Pineapple Upside-Down Cake

Bread, Fruit & Yoghurt available every day.

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice



WEEK 3 MENU

W/C: 01-May 22-May 12-Jun 03-Jul 24-Jul
14-Aug 04-Sep 25-Sep 16-Oct



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Apr 2023 – Oct 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Dish	Sausages and Mash Pork Sausages with Mashed Potatoes and Gravy	Cheese and Tomato Pizza	Roast Beef Served with Mashed Potatoes and Gravy	Chicken Tikka Masala Served with Wholegrain Rice	Fish Fingers Served with Herby Diced Potatoes and Ketchup
Vegetarian Dish	Mixed Beany Chilli Served with Wholegrain Rice	Chinese Vegetables and Egg Rice	Quorn Sausages Served with Mashed Potatoes and Gravy	Macaroni Cheese	Quorn Dippers Served with Herby Diced Potatoes and Ketchup
Alternative Dish	Jacket Potato with Baked Beans	Jacket Potato with Grated Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Vegetarian Bolognese	Jacket Potato with Cheese
Vegetables	Garden Peas	Carrots and Garden Peas	Mixed Vegetables	Sweetcorn and Carrots	Garden Peas
Dessert	Apricot Shortbread	Yoghurt	Pineapple Upside-Down Cake	Chocolate and Banana Swirl Cake	Jammy Jack Flapjack

Bread, Fruit & Yoghurt available every day.

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice